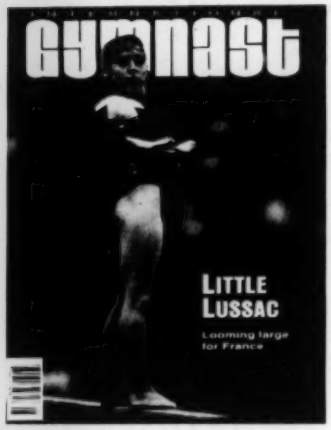
IG INDEX 1994

INTERNATIONAL GYMNAST



SUBJECTS

ACROBATICS
World Cup of Sports Acro (Boelsems) 1:32
U.S. Acro Nationals (Boelsems) 11:36

ALL-AROUND WITH BART & NADIA
Russian front; press handstand 1:48
Stalder 2:44
Flyaway 3:38
No More Wet Noodles 4:56
Handstand 5:40
Flexibility 6-7:59
Back handspring series (BB) 8-9:46
Front flip-flop 10:52
Arabesque 11:37
Morning workout 12:52

BOOK REVIEW
"Feel No Fear"—Karolyi/Richardson (Normile) 6-7:55

CAPTION CHALLENGE
1:44, 3:44, 5:45, 8-9:52, 11:44

CHALK TALK
Homework and Gymnastics (Feeney) 2:38
Over and Over Again (Wojtczuk) 5:46

CLUBS
Cypress Academy (Normile) 4:25
Colorado Aerials (Raymond) 4:33

COLLEGIATE
UCLA Invitational 4:45
Men's NCAAs (Normile) 6-7:34
Women's NCAAs (Wodraska) 6-7:40
NAIGC Championships 6-7:49
NIT of Women's Gymnastics 6-7:50
NCGA Div. III Championships 6-7:50
Save the Trees, the Whales & Men's NCAA Gymnastics (Normile) 11:40
NCAA Preview (Normile, Raymond) 12:55

DEAR BELA
Bela Karolyi column 2:40, 3:40, 4:48, 6-7:58, 10:59, 12:59

DOMESTIC COMPETITION
Russian Nationals 1:30
Elite Canada '93 (Dynna) 2:30
Winter Cup Challenge (Holt) 4:16
American Twisters Invitational 4:43
Spartan Open 4:44
Sunrays Sweetheart Invitational 4:44
Arizona Flairs Invitational 4:44
Great Lakes Invitational 4:45
Capital Cup (DiLeo) 5:31
Buckeye Classic 5:32
Peachtree Classic 5:32
Lac St-Louis Invitational 5:32
North Shore Invitational 5:32
American Classic 5:33
Boys' J.O. Nationals (Fox) 6-7:48
National Boys Invitational 6-7:49
Level 10 Nationals 6-7:50
U.S. High School Nationals 8-9:38
U.S. Olympic Festival (Raymond) 10:16
USAIGC Nationals 10:42
YMCA Nationals 10:42
AAU Junior Olympics 10:43
U.S. Classic (Crumlish) 10:44
Japanese World Trials 10:45
USA Championships (Normile) 11:8

FICTION
Tabitha's Secret (Gale) 3:37

GALLERY
American Cup (Raymond) 5:23
Brisbane Worlds (Raymond, Tsunoda) 6-7:26
Mexico City Exh. (Sanchez) 11:28
Nashville Revisited (Lange, Barber) 12:25

GUEST OPINION
Pig Out! (Seabourne) 5:36
Code of Ethics (Massimo) 7:56
Evaluating Difficulty Should Be Simple (Fink) 12:44

HALL OF FAME
American Medalists in World/Olympic Competition (Frederick) 4:59
Hall of Fame Portrait Contest Winners 5:28
Exciting Progress 11:51
Hall of Fame Update 12:53

IG PEOPLE, ETC.
1:38, 2:46, 3:34, 4:46, 5:38, 6-7:52, 8-9:48, 10:46, 11:38, 12:46

INDEX
IG Index 1993 (Raymond) 3:46

INSTRUCTIONAL
The Shoulder Girdle (Cornelius) 1:36

INTERNATIONAL COMPETITION
SoapBerry Shop Challenge (Normile) 1:14
Gymnos International 1:30
China Cup 1:30
Nikon International (Langsley) 2:8
Chunichi Cup (Normile) 2:16
DTB Cup (Normile) 3:8
American Cup (Raymond) 5:8
International Mixed Pairs 5:16
Gymnix Internat'l Cumis (Dynna) 5:30
Women's Europeans (Dumont) 8-9:25
Men's Europeans 8-9:35
USA vs. Romania (Conner) 8-9:40
USA vs. BLR vs. CHN (Crumlish) 8-9:42
Goodwill Games (Normile) 10:8
Americas World Trials 10:45
Puerto Rico Cup 10:45
Birmingham Classic (Langsley) 11:14
Commonwealth Games (Raymond) 11:23
SoapBerry Shop Challenge (Normile) 12:21

INTERNATIONAL REPORT
International Report (Fink) 1:27
Taiso 21 Symposium (Normile) 2:26

INTERVIEWS
Silvia Mitova (Dekker) 1:9
Zarko Mitov (Dekker) 1:13
Michelle Campi (Randle) 1:40
Chainey Umphrey (Raymond) 2:22
Tatiana Lisenko/Roza Galieva (Normile) 3:20
Kerri Strug (Normile) 3:23
Steve Nunno (Normile) 3:24
Bela Karolyi (Normile) 3:26
Kim Zmeskal (Normile) 4:9
Leonid Arkaev (Tonkachayeva) 6-7:53

MINI-POSTER
Maria Petrova/BUL (Raymond) 1:28
Rustam Sharipov/UKR (Langsley) 2:28
Mo Huilan/CHN (Langsley) 6-7:32
Lilia Podkopayeva/UKR (Raymond) 9:33
Oksana Fabrichnova/RUS (Raymond) 10:40

MISCELLANEOUS
IG Readers Respond! 2:48
New Products 8-9:55
Romanian Revival (Normile) 10:25
10 Years After (Normile) 10:25
An Aerial Adventure (Bare, Jr.) 12:48

NEWS FROM ABROAD
Bolivia Report (Holt) 8-9:54

OBITUARIES
Takashi Kondo 3:34
Murat Canbas 8-9:49
Christy Henrich (Normile) 10:48
Dan Zimpfer 12:46

POSTER
U.S. Jr. Women (Black, Raymond) 4:26
Lavinia Milosovici/ROM (Langsley) 10:25
Gina Gogean/ROM (Raymond) 10:28
1994 Year in Review (Langsley, Raymond) 12:26

PROFESSIONAL COMPETITION
Reese's World Cup (Normile) 3:17

PROFILES
Michal Shahaf (Templeman) 1:50
Paul Hunt (Normile) 3:48
U.S. Jr. Men (Normile) 4:23
Mark Sohn (Crumlish) 4:46
Paul O'Neill (Crumlish) 4:46
Geza Pozsar (Normile) 5:24
Albert Azarian & Grant Chaguinian (Normile) 5:48
Ivan Ivankov (Normile) 8-9:57
Doni Thompson (Crumlish) 10:19
Kristy Powell (Crumlish) 10:21
Svetlana Boginskaya (Seward) 10:51
Elena Piskun (Maguire) 10:55
Bill Roth (Normile) 11:24
Lilia Podkopayeva (Maguire) 11:48

PSYCHOLOGY
The Mental Game of Sports (Curtis) 6-7:54
The Foundation for Mental Training (Curtis) 8-9:45

PUZZLE PAGE
Trivia Criss-cross 1:47
Hall of Fame Portrait Contest 2:43
Amazing Grace Maze 4:54
Word Search (Southall) 10:54
Put Me Back Together! 11:46

RHYTHMIC
World Championships (Raymond) 1:18
U.S. RSG Challenge 4:43
U.S. Championships 6-7:51
4 Continents Championships 8-9:38
RSG International (Japan) 8-9:38
European Championships 8-9:39

SEQUENCE PHOTOS
(All by Raymond)
Podkopayeva: double front (FX) 5:20
Fontaine: half-in front-out (UB) 5:20
Lussac: ff, layout, ff, Rulfova (BB) 5:21
Podkopayeva: handspring-piked front-half (V) 5:22
Supola: triple flyaway (HB) 5:22
Qiao: split jump, punch front (BB) 5:22
Khorkina: RO, full-twisting ff mount (BB) 8-9:19
Mo: Gaylord (UB) 8-9:19
Evdokimova: handspring-layout front (V) 8-9:19
Melissanidis: whip, double layout, punch front (FX) 8-9:19
Miller: Hristakieva (V) 8-9:19
Yeo: double Tsukahara (V) 8-9:19
Canbas: handspring-front with double twist (V) 8-9:19
Khorkina: 1½ pirouette (UB) 8-9:19
Milosovici: Hristakieva (V) 8-9:20
Khorkina: RO, half-on, piked Cuervo (V) 8-9:20
Nemov: Kovacs to Gienger (HB) 8-9:20

SPORTS MEDICINE
What Are You Made Of? (Jensen) 1:34
Know Your Knees (Jensen) 2:32

STATE REPORTS
1:43, 3:43, 5:43, 8-9:51, 11:43

STRETCHING OUT
You're Never Too Young (Normile) 1:7
Column (Normile) 2:7
Russian Regression (Normile) 3:7
Huston's Latest Challenge (Normile) 4:7
From Distinction to Extinction? (Normile) 5:7
Brisbane "Talkabout" (Normile) 6-7:7
Living a Dream (O'Neill) 8-9:7

SUMMER CAMPS
Summer Camp Directory (Raymond) 4:52

USA GYMNASTICS
ODP Skill Evaluation 1:39
National Congress (Normile) 10:53
ODP Skill Evaluation 12:47

WORLD CHAMPIONSHIPS
Brisbane Preview (Normile) 3:31
Brisbane Worlds (Normile) 6-7:9

MOVING?
PLEASE NOTIFY US
6 WEEKS IN ADVANCE

Ms./Mr.
NAME (Please Print)

ADDRESS (New if for Change of Address) Apt. #

CITY STATE ZIP

To subscribe to *International GYMNAST*
Check rate below & fill in your name & address at left.

☐ 1 year/$24.00
☐ 2 years/$44.00
☐ 3 years/$60.00

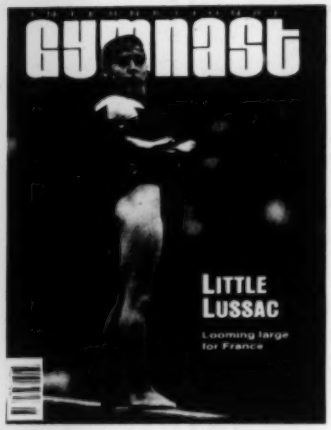
Canada & Mexico add $3/yr. Canada: add 7% GST. Other foreign add $5/yr. Payment in US funds only. VISA/MasterCard. 1st issue mailed within 6-8 weeks of payment.

Mail payment to:
IG, P.O. Box 2450
Oceanside, CA 92051

ATTACH LABEL HERE for address change or inquiry; or attach page with name and present address. If moving, list new address at left.

IG INDEX 1994

INTERNATIONAL GYMNAST



SUBJECTS

ACROBATICS
World Cup of Sports Acro (Boelsems) 1:32
U.S. Acro Nationals (Boelsems) 11:36

ALL-AROUND WITH BART & NADIA
Russian front; press handstand 1:48
Stalder 2:44
Flyaway 3:38
No More Wet Noodles 4:56
Handstand 5:40
Flexibility 6-7:59
Back handspring series (BB) 8-9:46
Front flip-flop 10:52
Arabesque 11:37
Morning workout 12:52

BOOK REVIEW
"Feel No Fear"—Karolyi/Richardson (Normile) 6-7:55

CAPTION CHALLENGE
1:44, 3:44, 5:45, 8-9:52, 11:44

CHALK TALK
Homework and Gymnastics (Feeney) 2:38
Over and Over Again (Wojtczuk) 5:46

CLUBS
Cypress Academy (Normile) 4:25
Colorado Aerials (Raymond) 4:33

COLLEGIATE
UCLA Invitational 4:45
Men's NCAAs (Normile) 6-7:34
Women's NCAAs (Wodraska) 6-7:40
NAIGC Championships 6-7:49
NIT of Women's Gymnastics 6-7:50
NCGA Div. III Championships 6-7:50
Save the Trees, the Whales & Men's NCAA Gymnastics (Normile) 11:40
NCAA Preview (Normile, Raymond) 12:55

DEAR BELA
Bela Karolyi column 2:40, 3:40, 4:48, 6-7:58, 10:59, 12:59

DOMESTIC COMPETITION
Russian Nationals 1:30
Elite Canada '93 (Dynna) 2:30
Winter Cup Challenge (Holt) 4:16
American Twisters Invitational 4:43
Spartan Open 4:44
Sunrays Sweetheart Invitational 4:44
Arizona Flairs Invitational 4:44
Great Lakes Invitational 4:45
Capital Cup (DiLeo) 5:31
Buckeye Classic 5:32
Peachtree Classic 5:32
Lac St-Louis Invitational 5:32
North Shore Invitational 5:32
American Classic 5:33
Boys' J.O. Nationals (Fox) 6-7:48
National Boys Invitational 6-7:49
Level 10 Nationals 6-7:50
U.S. High School Nationals 8-9:38
U.S. Olympic Festival (Raymond) 10:16
USAIGC Nationals 10:42
YMCA Nationals 10:42
AAU Junior Olympics 10:43
U.S. Classic (Crumlish) 10:44
Japanese World Trials 10:45
USA Championships (Normile) 11:8

FICTION
Tabitha's Secret (Gale) 3:37

GALLERY
American Cup (Raymond) 5:23
Brisbane Worlds (Raymond, Tsunoda) 6-7:26
Mexico City Exh. (Sanchez) 11:28
Nashville Revisited (Lange, Barber) 12:25

GUEST OPINION
Pig Out! (Seabourne) 5:36
Code of Ethics (Massimo) 7:56
Evaluating Difficulty Should Be Simple (Fink) 12:44

HALL OF FAME
American Medalists in World/Olympic Competition (Frederick) 4:59
Hall of Fame Portrait Contest Winners 5:28
Exciting Progress 11:51
Hall of Fame Update 12:53

IG PEOPLE, ETC.
1:38, 2:46, 3:34, 4:46, 5:38, 6-7:52, 8-9:48, 10:46, 11:38, 12:46

INDEX
IG Index 1993 (Raymond) 3:46

INSTRUCTIONAL
The Shoulder Girdle (Cornelius) 1:36

INTERNATIONAL COMPETITION
SoapBerry Shop Challenge (Normile) 1:14
Gymnos International 1:30
China Cup 1:30
Nikon International (Langsley) 2:8
Chunichi Cup (Normile) 2:16
DTB Cup (Normile) 3:8
American Cup (Raymond) 5:8
International Mixed Pairs 5:16
Gymnix Internat'l Cumis (Dynna) 5:30
Women's Europeans (Dumont) 8-9:25
Men's Europeans 8-9:35
USA vs. Romania (Conner) 8-9:40
USA vs. BLR vs. CHN (Crumlish) 8-9:42
Goodwill Games (Normile) 10:8
Americas World Trials 10:45
Puerto Rico Cup 10:45
Birmingham Classic (Langsley) 11:14
Commonwealth Games (Raymond) 11:23
SoapBerry Shop Challenge (Normile) 12:21

INTERNATIONAL REPORT
International Report (Fink) 1:27
Taiso 21 Symposium (Normile) 2:26

INTERVIEWS
Silvia Mitova (Dekker) 1:9
Zarko Mitov (Dekker) 1:13
Michelle Campi (Randle) 1:40
Chainey Umphrey (Raymond) 2:22
Tatiana Lisenko/Roza Galieva (Normile) 3:20
Kerri Strug (Normile) 3:23
Steve Nunno (Normile) 3:24
Bela Karolyi (Normile) 3:26
Kim Zmeskal (Normile) 4:9
Leonid Arkaev (Tonkachayeva) 6-7:53

MINI-POSTER
Maria Petrova/BUL (Raymond) 1:28
Rustam Sharipov/UKR (Langsley) 2:28
Mo Huilan/CHN (Langsley) 6-7:32
Lilia Podkopayeva/UKR (Raymond) 9:33
Oksana Fabrichnova/RUS (Raymond) 10:40

MISCELLANEOUS
IG Readers Respond! 2:48
New Products 8-9:55
Romanian Revival (Normile) 10:25
10 Years After (Normile) 10:25
An Aerial Adventure (Bare, Jr.) 12:48

NEWS FROM ABROAD
Bolivia Report (Holt) 8-9:54

OBITUARIES
Takashi Kondo 3:34
Murat Canbas 8-9:49
Christy Henrich (Normile) 10:48
Dan Zimpfer 12:46

POSTER
U.S. Jr. Women (Black, Raymond) 4:26
Lavinia Milosovici/ROM (Langsley) 10:25
Gina Gogean/ROM (Raymond) 10:28
1994 Year in Review (Langsley, Raymond) 12:26

PROFESSIONAL COMPETITION
Reese's World Cup (Normile) 3:17

PROFILES
Michal Shahaf (Templeman) 1:50
Paul Hunt (Normile) 3:48
U.S. Jr. Men (Normile) 4:23
Mark Sohn (Crumlish) 4:46
Paul O'Neill (Crumlish) 4:46
Geza Pozsar (Normile) 5:24
Albert Azarian & Grant Chaguinian (Normile) 5:48
Ivan Ivankov (Normile) 8-9:57
Doni Thompson (Crumlish) 10:19
Kristy Powell (Crumlish) 10:21
Svetlana Boginskaya (Seward) 10:51
Elena Piskun (Maguire) 10:55
Bill Roth (Normile) 11:24
Lilia Podkopayeva (Maguire) 11:48

PSYCHOLOGY
The Mental Game of Sports (Curtis) 6-7:54
The Foundation for Mental Training (Curtis) 8-9:45

PUZZLE PAGE
Trivia Criss-cross 1:47
Hall of Fame Portrait Contest 2:43
Amazing Grace Maze 4:54
Word Search (Southall) 10:54
Put Me Back Together! 11:46

RHYTHMIC
World Championships (Raymond) 1:18
U.S. RSG Challenge 4:43
U.S. Championships 6-7:51
4 Continents Championships 8-9:38
RSG International (Japan) 8-9:38
European Championships 8-9:39

SEQUENCE PHOTOS
(All by Raymond)
Podkopayeva: double front (FX) 5:20
Fontaine: half-in front-out (UB) 5:20
Lussac: ff, layout, ff, Rulfova (BB) 5:21
Podkopayeva: handspring-piked front-half (V) 5:22
Supola: triple flyaway (HB) 5:22
Qiao: split jump, punch front (BB) 5:22
Khorkina: RO, full-twisting ff mount (BB) 8-9:19
Mo: Gaylord (UB) 8-9:19
Evdokimova: handspring-layout front (V) 8-9:19
Melissanidis: whip, double layout, punch front (FX) 8-9:19
Miller: Hristakieva (V) 8-9:19
Yeo: double Tsukahara (V) 8-9:19
Canbas: handspring-front with double twist (V) 8-9:19
Khorkina: 1½ pirouette (UB) 8-9:19
Milosovici: Hristakieva (V) 8-9:20
Khorkina: RO, half-on, piked Cuervo (V) 8-9:20
Nemov: Kovacs to Gienger (HB) 8-9:20

SPORTS MEDICINE
What Are You Made Of? (Jensen) 1:34
Know Your Knees (Jensen) 2:32

STATE REPORTS
1:43, 3:43, 5:43, 8-9:51, 11:43

STRETCHING OUT
You're Never Too Young (Normile) 1:7
Column (Normile) 2:7
Russian Regression (Normile) 3:7
Huston's Latest Challenge (Normile) 4:7
From Distinction to Extinction? (Normile) 5:7
Brisbane "Talkabout" (Normile) 6-7:7
Living a Dream (O'Neill) 8-9:7

SUMMER CAMPS
Summer Camp Directory (Raymond) 4:52

USA GYMNASTICS
ODP Skill Evaluation 1:39
National Congress (Normile) 10:53
ODP Skill Evaluation 12:47

WORLD CHAMPIONSHIPS
Brisbane Preview (Normile) 3:31
Brisbane Worlds (Normile) 6-7:9

MOVING?
PLEASE NOTIFY US
6 WEEKS IN ADVANCE

Ms./Mr.
NAME (Please Print)

ADDRESS (New if for Change of Address) Apt. #

CITY STATE ZIP

To subscribe to *International GYMNAST*
Check rate below & fill in your name & address at left.

☐ 1 year/$24.00
☐ 2 years/$44.00
☐ 3 years/$60.00

Canada & Mexico add $3/yr. Canada: add 7% GST. Other foreign add $5/yr. Payment in US funds only. VISA/MasterCard. 1st issue mailed within 6-8 weeks of payment.

Mail payment to:
IG, P.O. Box 2450
Oceanside, CA 92051

ATTACH LABEL HERE for address change or inquiry; or attach page with name and present address. If moving, list new address at left.

COMPILED BY NANCY RAYMOND

Brisbane Worlds (Normile) 8-9:8
Innovations (Normile) 8-9:18
Likes/Dislikes (Mispel) 8-9:22
Brisbane Diary (Kennedy) 8-9:23

ZIERT ALERT
(All by Paul Ziert)
Reflecting on '93 1:6
Trouble with a Capital 'T' 2:6
This and That 3:6
Cup Clippings 4:6
Scanlan to Lead USA 5:6
A Wonderful Worlds 6-7:6
Good News/Bad News 8-9:6
Sandy Please Take a Knapp 10:6
On the Road Again 11:6
A Brand New Worlds 12:6

CONTRIBUTORS

Bare Jr., Frank
An Aerial Adventure 12:48

Boelsems, Paula
World Cup of Acro 1:32
U.S. Acro Nationals 11:36

Comaneci, Nadia & Conner, Bart
See AA with Bart & Nadia

Conner, Bart
USA vs. Romania 8-9:40

Cornelius, William
The Shoulder Girdle 1:36

Crumlish, John
Mark Sohn profile 4:46
Paul O'Neill profile 4:46
USA vs. BLR vs. CHN 9:42
Doni Thompson profile 10:19
Kristy Powell profile 10:21
U.S. Classic 10:44

Curtis, John
The Mental Game of Sports 6-7:54
The Foundation for Mental Training 8-9:45

Dekker, Anneleen
Mitova's Miracle 1:9

DiLeo, Mike
Capital Cup 5:31

Dumont, Marc
Women's Europeans 8-9:25

Dynna, Dory
Elite Canada '93 2:30
Gymnix Int'l Cumis 5:30

Feeney, Rik
Homework and Gymnastics 2:38

Fink, Hardy
International Report 1:27
Evaluating Difficulty Should Be Simple 12:44

Fox, Ben
Boys' J.O. Nationals 6-7:48

Frederick, A.B.
American Medalists in Worlds/Olympics 4:59

Gale, Kathy Johnson
Tabitha's Secret 3:37

Holt, Jim
Winter Cup Challenge 4:16
Bolivia Report 8-9:54

Jensen, Jack
What Are You Made Of? 1:34
Know Your Knees 2:32

Karolyi, Bela
See Dear Bela

Kennedy, Brynne
Brisbane Diary 8-9:23

Langsley, Eileen
Nikon International 2:8
Birmingham Classic 11:14

Maguire, Peter
Elena Piskun profile 10:55
Lilia Podkopayeva profile 11:48

Massimo, Joe
Code of Ethics 6-7:56

Mispel, Billy
Brisbane Worlds Likes/Dislikes 8-9:22

Normile, Dwight
You're Never Too Young 1:7
Stretching Out Column 2:7
Chunichi Cup 2:16
Russian Regression 3:7
DTB Cup 3:8
Reese's World Cup 3:17
Lisenko & Galieva interview 3:20
Kerri Strug interview 3:23
Paul Hunt profile 3:48
Huston's Latest Challenge 4:7
Kim Zmeskal interview 4:9
U.S. Jr. Men profile 4:23
Cypress Academy 4:25
From Distinction to Extinction? 5:7
Geza Pozsar profile 5:24
Albert Azarian & Grant Chaguinian profile 5:48
Brisbane "Talkabout" 6-7:7
Brisbane Worlds 6-7:9
"Feel No Fear" review 6-7:55
Brisbane Worlds—Pt. II 8-9:8
Innovations 8-9:18
Ivan Ivankov profile 8-9:57
Goodwill Games 10:8
Romanian Revival 10:25
National Congress 10:53
USA Championships 11:8
10 Years After ('84 Olympic reunion) 11:8
Bill Roth profile 11:24
NCAA Preview 12:55

O'Neill, Paul
Living a Dream 8-9:7

Randle, Kathy
Michelle Campi interview 1:40

Raymond, Nancy
Rhythmic Worlds 1:18
Chainey Umphrey interview 2:22
IG Index 1993 3:46
Colorado Aerials 4:33
Summer Camp Directory 4:52
American Cup 5:8
U.S. Olympic Festival 10:16
Commonwealth Games 11:23

Seabourne, Tom
Pig Out! 5:36

Seward, Tom
Svetlana Boginskaya profile 10:51

Southall, Susan
Word Search 10:54

Templeman, Tzipora
Michal Shahaf profile 1:50

Tonkachayeva, Oksana
Leonid Arkaev interview 6-7:53

Wodraska, Lya
Women's NCAA Championships 6-7:40

Wojtczuk, John
Over and Over Again 5:46

Ziert, Paul
See Ziert Alert

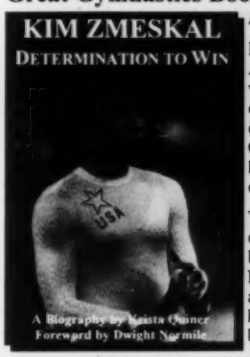
Class PRO™/Gym

- Complete class management system for the Macintosh. Fully customizable to the needs of your individual programs. Fast and easy to learn!
- Roll sheets, Monthly statements, Birthdays and more.
- Automate your gym's discounts, prorating, memberships, etc.
- The fastest and most versatile auto-billing system of any software on the market.
- Call for Demo disk.

Complete Management Systems

1761 Fisher Dr.
Concord, CA 94520
(510) 659-1546

Great Gymnastics Books Available!



New book on Kim!

Read about the first American ever to win Worlds, her dramatic struggle during the 1992 Olympics, and now her fight to make a comeback.

This biography includes a foreword by *IG* editor Dwight Normile, numerous action ***photos***, and hundreds of ***quotes*** by Kim & Bela.

Kim Zmeskal: Determination to Win is $9.95 + $2.00 shipping for the first, $1.00 each additional.
Other books available through The Bradford Book Co:
Feel No Fear by Bela Karolyi is only $17.95 (usually $22.95) + $3.00 shipping, $1.50 each additional.
A Healthy 10! by Karolyi's team physician, Dr. Jack Jensen, is $16.95 + $2.50 shipping, $1.00 each add'l.
Olga Korbut: Olympic Gold! and Katarina Witt: Olympic Gold! (illustrated books for children age 7+) by Wayne Coffey are $14.95 each +$2.50 shipping.

International orders: double the shipping price.
New Jersey residents: add 6% sales tax per book.
Name_____
Street Address _____
City_____State____Zip_____
Amount Enclosed_____# of Books_____
Book Title(s)_____
Mail *U.S.* check or money order (no C.O.D.) to:
The Bradford Book Company • P.O. Box 283 • East Hanover, NJ 07936 *Allow 3-6 weeks delivery*

FLOOR EXPRESS MUSIC™

Used by
World Champions
SHANNON MILLER
and KIM ZMESKAL

Demo Tapes Available
POP 1 • POP 2 • POP 3
VARIETY 1 • VARIETY 2 • CLASSICAL 1

NEW:
CLASSICAL 2
60 Great New Classical Pieces from Barry Nease

Contact:
FLOOR EXPRESS MUSIC
P.O. BOX 2200 • FRISCO, CO 80443
(303) 668-3777